

# **Jasper Valley Swim & Tennis Club**

## **Membership Guide**

Jasper Valley Swim and Tennis club (JVST) has been home for summer fun for families in Amherst and surrounding communities since 1979. JVST is a summer retreat that's built around friends and families. Our club is the best choice around for easing your way through summer without the constant rush to get the kids to tennis, swimming, and arts and crafts. All those things are here at Jasper, for one affordable price, at a place the whole family can enjoy.

JVST is a non-profit 501(c)(7) social and recreational club operated by its membership for the enjoyment of our members, their families, and guests. Our main mission is to offer comprehensive swimming and tennis programs for the whole family in a pleasant and safe environment. In addition to swimming and tennis, members can also enjoy our basketball court, sand volleyball court, arts and crafts program, picnic and BBQ area, and many different organized social events throughout the season.

Jasper Valley has a full time staff including tennis pros and competitive swim coaches. Our Board of Directors are active club members who volunteer their time to run the club. Membership dues and other program fees generate our annual operating income and capital improvement budget so we can operate and improve our facilities.

## **Club Information**

### **Club Operation**

Each year we retain the services of a Club Manager to oversee the daily operation of the club. The Club Manager hires and manages our lifeguard and other staff. The Club Manager and Club Staff are responsible for seeing that club rules are observed, the pool meets health and safety standards, and that our grounds are kept neat and clean. The club also hires professional tennis and swim coaches.

Our club is maintained by our members, and occasionally, hired contractors. Under our bylaws, each member household must provide at least one adult volunteer for 2 hours per season at one of two organized clean up days each May. If a member cannot attend one of the two set days, we ask that they contact the maintenance board member to make arrangements for volunteering at a different time. We also offer the option of paying the club a \$100 fee in lieu of these hours.

## Membership

The club has five (5) types of membership as set by our bylaws and by decisions of the Board of Directors:

- Family All permanent residents of a household are members
- Single Parent / One Child One (1) parent and one (1) child
- Single Adult One (1) adult over the age of 18
- Single Child (Junior) One (1) child aged 12-17
- Couple Two (2) people over age 18

The annual membership fee is set by the Board of Directors and is due prior to the start of the season. We also offer an installment payment plan with three payments starting in December with the final payment due before the end of the season.

## Board of Directors

The JVST Board of Directors consists of member volunteers who serve the club for three (3) year terms. New directors are voted in at the JVST annual meeting. The board may appoint directors to fill vacancies between annual meetings.

The fiduciary officers of the club - the President, Secretary, and Treasurer- comprise the Executive Board and have responsibility for ensuring the long-term health of JVST. Other directorships are established on an as needed basis and are dedicated to chairing specific club committees established by the President.

## Executive Board

1) President - Provides overall leadership for the club, including strategic planning, maintaining the annual budget, reviewing operations, supervising maintenance, promoting activities, and so on. Chairs monthly board meetings.

2) Secretary - Documents all board and membership governance activities, monitors financial decisions of the President and Treasurer, and serves the membership as needed

3) Treasurer - Maintains all club finances, budgets, accounts receivable and accounts payable. Prepares annual budget, assists in the coordinating the business needs of the club.

NOTE: In order to ensure accountability and transparency with all club funds, the Treasurer prepares payments on behalf of the club, but only the President or Secretary may sign or authorize payment.

## Other Directors

- 1) Membership- Actively recruits members, attends functions to promote JVST, provides communications to all new and prospective members.
- 2) Communications- Publicizes all club and membership activities. Publications include brochures, Membership guide, newsletter via email, club calendar, activities posters, advertising, and so on.
- 3) Tennis - Coordinates tennis tournaments and tennis social functions with club tennis pro and manager.
- 4) Swim - Coordinates swim tournaments and activities with swim team coaches and instructors.
- 5) Social– Coordinates all social functions including major parties, our arts and crafts program, kids events, and a variety of family activities throughout the season.

## Club Supervisors

- 1) Club Manager - Oversees the daily operation of the club to ensure that the club rules are observed, the pool meets health and safety standards, and that the grounds are kept neat.
- 2) Maintenance - Coordinates and oversees all maintenance activities to ensure the top quality standards of the club are met.
- 3) Tennis Pro - Responsible for designing and leading all club tennis programs and coaching all teams.
- 4) Head Swim Team Coach - Responsible for coaching all swim teams.

## Pool and Swimming

The swimming pool at JVST is made up of three parts and holds 230,000 gallons of water. The shallow end has steps and is 2 – 3 feet deep and ideal for the learning to swim age group. The main section of the pool offers six racing lanes and is 4 – 5 feet deep. The diving area is 12 feet deep and features a one meter diving board.

### Pool Hours

*Pre-season:* Memorial Day Weekend to regular season opening: Open weekends only 12-8 pm

*Regular season:* Open 4pm-8pm on the last day of school in Amherst, then the following day through Labor Day: 12-8pm Sunday-Thursday, 12-9pm Friday and Saturday

### Swim Lessons

Swimming lessons are Monday, Wednesday, Thursday, and Friday from 10:30 AM until noon. Each lesson lasts 30 minutes. Two of the three sessions of swimming lessons are offered free to all children. Sign up is typically on Sign up Day (see Calendar on website), or by stopping by the pool and speaking to the Club Manager prior to the start of the season. Lesson schedules will be posted on the board by the pool.

Sessions I and II last 3 weeks each, and Session III lasts 2 weeks. All are taught by Red Cross certified lifeguards.

### Adult Swim

Adult swim is called every hour on the hour for 15 minutes. See pool rules for more information.

### Kiddie Pool

There is also a separate, fenced in Kiddie Pool for children ages 6 and under only. **There is no lifeguard supervision for the kiddie pool.** *Parents must supervise their children in the Kiddie Pool.* The Kiddie Pool may be used in the morning, while swim lessons are under way.

## Swim Team

The JVST Swim Team includes children up to age 19. Swim team practices 4 days per week, Monday, Wednesday, Thursday, and Friday, with most meets on Tuesdays. Highlights feature the Milford Rotary Meet and the State Meet, both on a weekend in July. Swim team fees apply.

## Other Swim Programs

Preschool aquatics ages 2 and half to 5

Parent and child ages 6 months to 3

Synchronized swimming ages 8-12

Lifeguard course ages 15 and up

Water Aerobics ages 18 and up

## Tennis

There are eight tennis courts for use by members from April through October, available from dawn to dusk. Jasper Valley Swim and Tennis Club employs a tennis pro who offers instruction.

## Tennis Offerings

Free adult tennis clinics are offered at all levels

Cardio tennis - adults

Free tennis Clinics for children are offered weekly for a variety of age groups, including preschoolers.

Junior Tennis Team - Additional fee applies

Excel Junior Tennis Team - Additional fee applies

Tennis Tournaments – Jasper Valley sponsors a number of tennis tournaments throughout the season that are both intra-club and community events.

Private lessons- The swim coach and tennis pro offer private lessons to meet your needs.

## Social Events

Jasper hosts social events throughout the season, including 3 parties, held in June, July, and August. The best way to stay informed about the events is to check your email, the website, or the notice board at the club entrance.

## Snack Bar

The snack bar is open beginning on the first day of the regular season. See signs for hours. Prepaid cards are available at the snack shack for your convenience.

## Guests

Daily fees per person (child or adult) are \$8.00. Members must sign guests in at the cottage or the snack shack on their way into the club. Fees can be paid at the snack shack at the time the guest is admitted, or can be billed to the member. All out-of-town guests staying overnight in the home of a Family Member may be extended guest privileges at no charge. A person is an out-of-town guest only if they do not reside in Amherst, Bedford, Brookline, Hollis, Merrimack, Milford, Mont Vernon, Nashua or New Boston. A member must accompany all guests. Further information can be found in the Club Rules.

## Other Amenities

Playground and Sandbox

Basketball Court

Beach Volleyball Court

Ping pong table

Cornhole game

Barbecue and Picnic area

# Club Rules and Policies

## General Rules

To ensure the safety and enjoyment of all members and guests, please follow all club rules and review these rules with your children. The club rules have been authorized by the Board of Directors and may be revised by the board as necessary. Failure to follow club rules may result in withdrawal of club privileges.

- All persons joining the club do so at their own risk. The club assumes no responsibility for any accident or injury in connection with club use or for the loss or damage to personal property.
- All persons must respect club property and adjoining property. Anyone damaging club or adjoining property will be held accountable for the costs. Parents will be held accountable for damage by their children.
- Anyone whose conduct endangers the safety of himself or others may be denied the use of the pool/facilities by the lifeguard or other employee.
- Parents will instruct their children and guests to obey the rules and policies of the club and to obey the lifeguard or other employee in charge of the facilities.
- All members and guests are expected to pick up their trash and neatly stow beach chairs in the space provided.
- Motor vehicles and bikes will be parked in the designated parking area only. No parking on Martingale Road. No wheeled vehicles allowed inside pool or tennis enclosure.
- No soliciting on club property.
- Eating and cooking are permitted in designated picnic area. *No food or glass is to be taken within 6 feet of the pool.*
- Club employees are responsible to the Board of Directors or their agents; therefore, club members shall not reprimand or issue orders to employees. All comments or complaints should be addressed first to the pool (or tennis) supervisor, then to the clubmanager, and then to the Board of Directors.
- Any person found stealing or damaging the club property might be expelled, for the season or permanently, by the club manager or the board of directors.

- Persons using the club in evening or early morning hours are requested to be reasonably quiet so as not to annoy the neighbors.
- No dogs allowed on the property.
- Smoking is not permitted.
- Each member is responsible for picking up their own trash.
- Any injury should be immediately reported to the on duty manager or lifeguard.

### Guest Rules

- Guests are welcome provided they abide by the rules and regulations of the pool.
- Daily fees per person (child or adult) are \$8.00.
- Members must sign guests in at the cottage on their way into the club.
- Guest fees may be paid at the time the guest is admitted, in cash or check, or billed to the member.
- All out-of-town guests staying overnight in the home of a Family Member may be extended guest privileges at no charge. A person is an out-of-town guest only if they do not reside in Amherst, Bedford, Brookline, Hollis, Merrimack, Milford, Mont Vernon, Nashua or New Boston.
- A member shall not have more than five guests on the same day without advance permission of the club manager, unless guests constitute a single family.
- Visits of each non-house guest must be limited to six times per year.
- A member must accompany all guests.
- A babysitter or nanny may be designated at the beginning of the pool season and treated as a Family Member whether live-in or not, provided that the sitter actually performs in that capacity while at the pool.
- Guests must be certified as to their ability to swim by the lifeguard.



## Pool Rules

- No person shall enter the pool unless the staff lifeguard is present.
- The lifeguards are the authority at the pool and their instructions must be adhered to by all pool members and guests.
- All bathers should shower before entering the pool.
- No one having any skin infection or communicable illness shall use the pool.
- Only proper swimming attire is to be worn (no cut-offs, etc.) *Only swim diapers may be worn.*
- No glass on pool deck.
- Do not cross lane lines when there is lap swimming.
- No running on the pool deck.
- Floats, bubbles, and swimmies are not allowed in the pool unless under the supervision of a lifeguard or swim instructor.
- Diving is permitted only in designated areas.
- Running, playing tag, wrestling, unnecessary splashing, pushing, pulling, water fighting, snapping towels, and other horseplay is prohibited. No water guns allowed.
- The lifeguard may clear the pool of swimmers when necessary.
- Children age ten and over must pass a special swim test and demonstrate individual self-discipline in order to be left without parental supervision. The lifeguards are not babysitters.
- Children under three years of age are permitted in the main pool only with direct adult supervision.
- Except for the shallow area, children are not allowed in the main pool until a lifeguard has certified their swimming ability, or they are accompanied by a responsible adult.
- Adult swim is called every hour on the hour for 15 minutes. No children are allowed in the pool during adult swim.

## Diving Board Rules

- One person on the diving board at a time.
- Divers must dive straight out from the board, not at an angle.
- Divers should take only one jump on the end of the board.

## Kiddie Pool Rules

- Kiddie pool is for children age 5 and under.
- No children in the kiddie pool without adult supervision.
- **NO FOOD** is allowed in the kiddie pool itself. *All food and glass must be kept at least 10 feet away from the kiddie pool.*

## Beach Volleyball Court and Grass Area

- The only balls allowed in this area are volleyballs and inflatable beach balls
- No other ball playing is allowed in this area

## Tennis Court Rules

- Court usage will be on a first come, first serve basis.
- Courts are open during all daylight hours.
- If people are waiting, the court time limit is one hour for singles and 90 minutes for doubles.
- Adults (16 and over) have preferential time on weekdays after 4:30 PM, and Saturdays, Sundays, and holidays all day.
- Proper tennis footwear is required to protect the court surface. No sandals, crocs, etc.
- No scooters, skateboards, rollerblades, or anything else with wheels allowed on the tennis courts.
- Playing lacrosse with tennis balls only and playing wiffle ball is allowed on the upper tennis courts.
- With the exception of basketball, no balls are to be used outside of upper tennis courts.

- No food or beverages (except water) allowed on the tennis courts.
- No chalk.
- No climbing or hanging on tennis nets or posts.
- Off season tennis is allowed April 1 – pool opening and Labor Day to November 1. Off season tennis is allowed for all members who are current year summer members.
- Members wanting to play tennis take precedence over members using the courts for non-tennis activities.

### Children

- Children age nine and under must be supervised at all times in the pool enclosure by a parent or responsible babysitter. A non-member babysitter must report to the head lifeguard upon arrival.
- Children age 11 and under cannot attend the club without adult supervision.
- No children are allowed in the parking lot except going to and from home. No one is allowed in and around the barns.
- Parents are expected to supervise their children at all times and to teach their children the club rules.

### Trespassing

- Absolutely no trespassing is allowed unless you are a member during scheduled hours of operation or to play tennis only during off-season.
- Any person caught trespassing within the property, including barn area, who is not authorized will be presumed to be there for mischievous purposes and will be prosecuted to the full extent of the law.
- Members must appreciate the high risks involved in owning and maintaining a club of this nature. Please coach your children to stay off the Jasper property when they are not supposed to be there.